

Seido Karate classes at Sun Dragon

effective February 1, 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Classes marked with * are appropriate for trial/new students					<p>*9:30-10:00 Little Dragons</p> <p>*10:15-11:00 Juniors</p> <p>*11:00 Youth White - Yellow</p> <p>12:00 Youth Green - Black</p> <p>*1:00 Adult All Levels</p> <p>2:00 Adult Sparring (green to black belts)</p>
<p>Tuition Rates (unlimited classes)</p> <p>Adults: \$125 credit/debit card autopay \$120 direct bankdraft</p> <p>Youth (3rd grade - 14 years old): \$110 credit/debit card autopay \$105 direct bankdraft</p> <p>Juniors (Kinder - 2nd grade): \$100 credit/debit card autopay \$95 direct bankdraft</p> <p>Little Dragons (age 4 - Pre K): \$50 credit/debit card autopay \$45 direct bankdraft</p>					
<p>*4:00-4:45 Juniors</p> <p>*5:00 Youth All Levels</p> <p>6:00 - 6:30 Adv. Youth Mat Work (green to black belts)</p> <p>*6:30 Adult All Levels</p> <p>7:30-8:15 Teen & Adult Sparring Skills (blue to black belts)</p> <p>8:15-8:45 Adult Meditation</p>	<p>*4:30 Youth White - Green</p> <p>5:30 Youth Sparring (yellow to black belts)</p> <p>*6:30 Adult All Levels</p> <p>7:30 Adult Black Belts</p>	<p>*4:00-4:45 Juniors</p> <p>*5:00 Youth All Levels</p> <p>6:00 Youth 1st Kyu - Black Belts</p> <p>7:00 Adult Blue - Black</p> <p>8:00-8:45 Adv. Adult Kata (green to black belts)</p>	<p>*4:30 Youth White - Yellow</p> <p>5:30 Advanced Youth (green to black belts)</p> <p>*6:30 Adult All Levels</p> <p>7:30 Adult Green - Black</p>	<p>*5:00 Girls All Levels (6 - 14 years old)</p> <p>6:30 Teen & Adult Black Belts</p>	
Interactive Calendar with all Updates & Events: www.sundragon.org/interactive-calendar					