

Seido Karate classes at Sun Dragon

effective January 2, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Classes marked with * are appropriate for trial/new students					
Tuition Rates (unlimited classes) <u>Adults:</u> \$115 credit/debit card autopay \$110 direct bankdraft <u>Youth (3rd grade - 14 years old):</u> \$100 credit/debit card autopay \$95 direct bankdraft <u>Juniors (Kinder - 2nd grade):</u> \$95 credit/debit card autopay \$90 direct bankdraft <u>Little Dragons (age 4 - Pre K):</u> \$50 credit/debit card autopay \$45 direct bankdraft					
					*9:30-10:00 Little Dragons
					*10:15-11:00 Juniors
					*11:00 Youth White - Yellow
					12:00 Youth Green - Black
					*1:00 Adult All Levels
					2:00 Adult Sparring (green to black belts)
*4:00-4:45 Juniors		*4:00-4:45 Juniors			
*5:00-6:00 Youth All Levels	*4:30 Youth White - Green	*5:00-6:00 Youth All Levels	*4:30 Youth White - Green	*4:30 Girls All Levels (6 - 14 years old)	
6:00 - 6:30 Adv. Youth Mat Work (green to black belts)	5:30 Youth Sparring (yellow to black belts)	6:00 - 6:30 Adv. Youth Sparring (brown and black belts)	5:30 Youth Green - Black	5:30 Youth/Teen Black Belts	
*6:30 Adult All Levels	*6:30 Adult All Levels	6:30 Adult Blue - Black	*6:30 Adult All Levels	6:30 Weapons (Adult black belts) First Friday Adult Yellow & up	
7:30-8:15 Teen/Adult Sparring Skills (blue to black belts)	7:30 Adult Kata Green-Black	7:30 Adult Black Belts	7:30 Adult Green - Black		
8:15-8:45 Adult Meditation	Interactive Calendar with all Updates & Events: www.sundragon.org/interactive-calendar				