

Seido Karate classes at Sun Dragon

effective September 1, 2017

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Classes marked with * are appropriate for trial/new students Classes are 1 hour unless otherwise noted</p> | | | | | |
| <p>Tuition Rates (unlimited classes) <u>Adults: \$115/mo</u> \$110 credit/debit card autopay \$105 direct bankdraft <u>Juniors & Youth (1st grade and up): \$100/mo</u> \$95 credit/debit card autopay \$90 direct bankdraft <u>Little Dragons (age 4 - Kinder): \$85/mo</u> \$80 credit/debit card autopay \$75 direct bankdraft</p> | | | | | |
| <p>*4:00-4:30 Little Dragons</p> <p>*4:30-5:15 Juniors</p> <p>*5:30 Youth All Levels</p> <p>*6:30 Adult White - Yellow</p> <p>7:30-8:15 Adult Advanced Kata (green to black belts)</p> <p>8:15-8:45 Adult Meditation</p> | <p>*3:45-4:30 Juniors</p> <p>*4:30 Youth White - Green</p> <p>5:30 Youth Sparring (yellow to black belts)</p> <p>6:30 Adult Blue-Black</p> <p>7:30 Adult Black Belts</p> | <p>*4:00-4:30 Little Dragons</p> <p>*4:30-5:15 Juniors</p> <p>*5:30 Youth All Levels</p> <p>6:30-7:30 Teen/Adult Sparring skills (blue to black belts)</p> <p>*7:30 Adult All Levels</p> | <p>*3:45-4:30 Juniors</p> <p>*4:30 Youth White - Green</p> <p>5:30 Youth Brown - Black</p> <p>*6:30 Adult All Levels</p> <p>7:30 Adult Advanced Topics</p> | <p>*4:30 Girls All Levels 6 - 14 years old</p> <p>5:30 Youth Black Belts</p> | <p>*9:30-10:00 Little Dragons</p> <p>*10:15-11:00 Juniors</p> <p>*11:00 Youth White - Yellow</p> <p>12:00 Youth Green - Black</p> <p>*1:00 Adult All Levels</p> <p>2:00 Adult Sparring (green-black belts)</p> |
| <p>Interactive Calendar with all Updates & Events: www.sundragon.org/interactive-calendar</p> | | | | | |